



Nirvana Now!

Choosing Inner Peace For You

SISTAS MOVIN' ON **SPEAK OUT!**



Support and Sisterly Love for Women survivors of Incest, Child Sexual Abuse, Rape & Co-survivors

Having challenges happily moving forward in your life? Career stagner? Relationships troubled? Want to more effectively support a survivor? *Speaking Out* may help bring you clarity.

Each month's **SPEAK OUT!** gives Survivors and Co-Survivors: opportunity to voice their experiences in an affirming environment, learn about the "Keys to Happiness", meet other women who understand, reinvent their lives.

2011-2012 Schedule*

	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUNE
	20	17	15	19	16	15	19	17	21
JULY	AUG	SEPT	OCT	NOV	DEC	6:30 PM - 8:30 PM			
19	16	20	18	15	20				

Donation: \$5-\$10 Sliding Fee Scale for each **SPEAK OUT!**

Location: **People Called Women Bookstore**
6060 Renaissance Place
Sylvania OH 436230

ALL Women Survivors & Co-Survivors WELCOME

More information: CeCe at (419) 729-0245, cece@mynirvananow.org or www.mynirvananow.org

*Dates may change with e-mail or website notification